

Almonte Bowen Therapy Intake Form

Name: _____ Date: _____

Address: _____ Postal Code: _____

Phone: _____ Email: _____

Date of Birth _____ Occupation/Hobbies: _____

Referred by? _____ Sign up for newsletter and special offers? YES/NO

MD's name and phone number _____

Emergency Contact: _____

Please indicate conditions or symptoms you are experiencing or have a history of:

Respiratory

- chronic cough _____
- shortness of breath _____
- bronchitis _____
- asthma _____
- tuberculosis (TB) _____
- Do you smoke? _____

Cardiovascular

- high/low blood pressure _____
- heart attack _____
- heart disease _____
- stroke _____
- congestive heart failure _____
- phlebitis _____
- pacemaker _____
- poor circulation _____
- bruise easily _____

Head / Neck

- vision problems/loss _____
- ear/hearing problems _____
- tinnitus _____
- headaches/migraines _____
- concussion _____

Other

- loss of sensation/numbness _____
- diabetes _____
- allergies _____
- hay fever _____
- epilepsy _____
- cancer _____
- osteoporosis _____
- constipation/diarrhea _____
- poor digestion _____
- liver/gallbladder _____
- bladder/kidney _____
- hiatus hernia _____
- insomnia _____
- fracture _____
- fallen on tailbone/coccyx _____
- orthodontia, extensive _____
- fibromyalgia _____
- mononucleosis _____
- varicose veins _____
- hepatitis _____
- HIV _____
- skin conditions _____
- bunions/hammer toe _____

Soft tissue / Joint problems

- neck _____
- TMJ / jaw _____
- low back _____
- mid back _____
- upper back _____
- shoulders _____
- arms/hands _____
- hips _____
- legs/ knees _____
- feet _____

Do you wear orthotics? _____

- arthritis (or family history) _____
- pins/wires/artificial joints _____
- other: _____

Women only

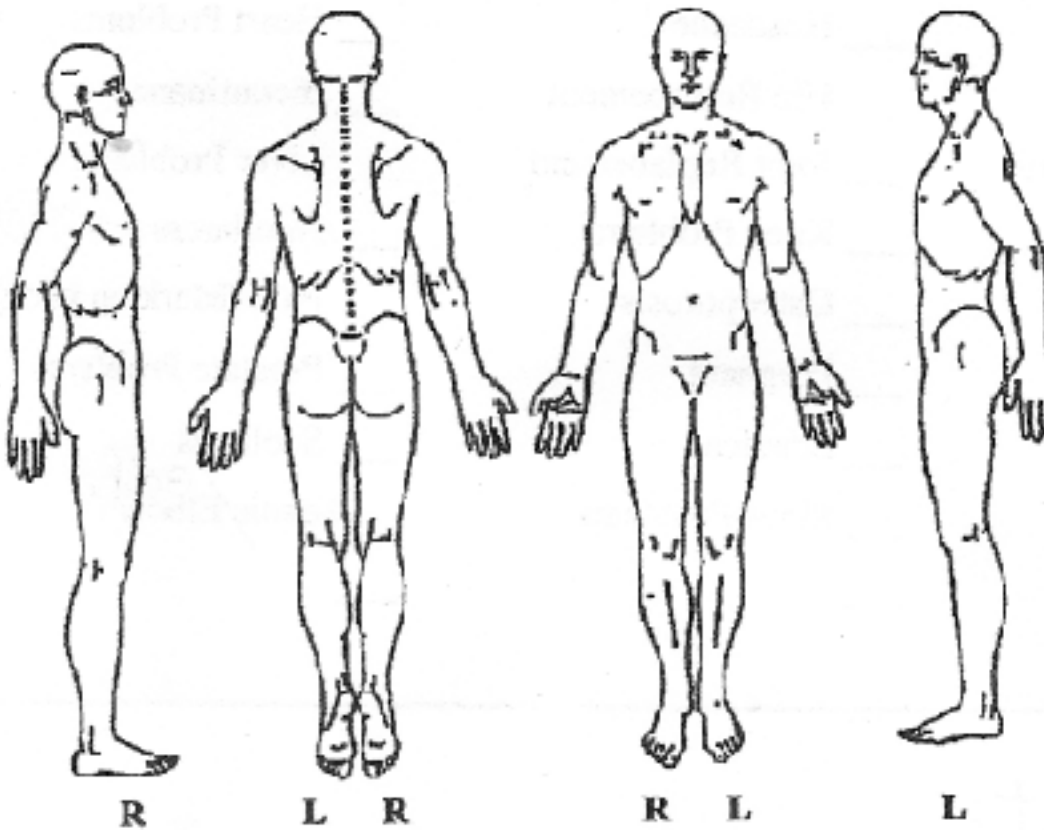
- pregnancy (due _____)
- trying to conceive _____
- PMS _____
- fibroids _____
- difficult menstruation _____

Last menstrual period

Overall, how is your general health? _____

Primary complaint/reason for treatment _____

Shade in the sites of pain on the drawing and rate the severity of pain on a scale of 1-10. Also draw any scars or known scar tissue:



Pain intensity scale

- (2) Mild pain (annoying, nagging)
- (4) Discomforting (troublesome, numbing)
- (6) Distressing (miserable, gnawing)
- (8) Intense (horrible, cramping)
- (10) Excruciating (unbearable)

Current medications/supplements (it is sufficient to state purpose, such as cholesterol, high blood pressure, osteoporosis)_____

List injuries with approx. dates_____

List surgeries with approx. dates (include TMJ or oral surgery)_____

Indicate your own birth history if known (ie c section, forceps, breech birth, premature)_____

Have you received any other form of body work in the past five days? Please indicate type.

What is your main treatment goal? What are you hoping the Bowen Therapy will do or allow you to do?

I, (print) _____ understand the treatment goals, risks and benefits as explained by the practitioner and I give consent to treatment. I have had an opportunity to ask questions about the treatment. I understand that Patricia Gervais does not treat, prescribe or diagnose any illness, disease, or other physical or mental disorder and that any information concerning health status relayed to Patricia Gervais has also been given to my physician. I also certify that no guarantee has been made as to the results that may be obtained.

I hereby give Patricia Gervais permission to collect personal information, including personal health information from me and from the facilities and persons listed and to release such information to the following facilities and/or persons for the purpose of providing services to me and for the purpose of information sharing in support of care planning and service provision. These facilities/persons include my health care team i.e. physician, pharmacist, naturopath, RMT, chiropractor or other regulated health care provider. I understand I may request access to my personal information at any time and may revoke or amend this authorization in writing at any time. Upon completion of my treatment program, any request for Patricia Gervais to share/release client-specific information acquired through the episode of care will require a specific informed consent from me for release of specifically requested information.

Signature _____ Date _____

Parent or Guardian Signature (if under the age of 18)